

# Food Shelf Donation List

## THANK YOU FOR YOUR GENEROUS DONATIONS TO THE INTERFAITH OUTREACH FOOD SHELF

### **MOST NEEDED ITEMS:**

Cooking oil  
Fresh produce (vegetables, fruits, herbs)  
Canned fruits and vegetables  
Healthy snacks (granola bars, trail mix, dried fruit, etc.)  
Baby food and formula  
Baby wipes  
Paper towels  
Feminine hygiene products  
Canned meat or fish  
Cereal  
Disposable diapers—Size 5, 6 and Pullups  
Toilet paper

### **OTHER NEEDED ITEMS:**

Dried/canned beans  
Broth or variety soups  
Coffee or tea  
Toiletries (shampoo, toothpaste, bar soap, deodorant)  
Dish/laundry soap  
Peanut butter  
Jam/jelly  
Rice and Pasta  
Canned tomato products  
Meal-in-a-box or can  
Pasta sauces  
Baking mixes (muffins, cake, etc.)  
Fruit Juice

### **HOLIDAY FOOD NEEDS:**

Easter (March/April) – Ham  
Passover (March/April) - Matzo  
Ramadan (April/May) – Dates  
Rosh Hashanah (Sept./Oct.) – Apples and honey  
Thanksgiving (Nov.) – Turkey, stuffing mix, gravy, sweet potatoes, cranberries, potatoes  
Hanukkah (Nov/Dec.) – Chocolate coins, potatoes, applesauce, sour cream  
Christmas (Dec.) – Large roast or turkey, crackers, gravy, potatoes, baking ingredients, muffin or roll mix.

Donations are generally accepted Monday or Friday 10 a.m.-5 p.m., at 1605 County Road 101 N in Plymouth. Please call 763-489-7530 to schedule a large delivery. Check out [iocp.org/foodshelf](http://iocp.org/foodshelf) for more information or call 763-489-7500. Thank you!