

Food Shelf Donation List

THANK YOU FOR YOUR GENEROUS DONATIONS TO THE INTERFAITH OUTREACH FOOD SHELF

MOST NEEDED ITEMS:

Fresh produce (vegetables, fruits, herbs)
Juice boxes, sparkling water, and squeeze pouches
Healthy snacks (granola bars, trail mix, dried fruit, etc.)
Baby food and formula
Baby wipes
Toiletries (shampoo, toothpaste, bar soap, deodorant)
Cooking oil*
Paper towels
Feminine hygiene products
Pull Up diapers
Toilet paper
Canned chicken or fish*

OTHER NEEDED ITEMS:

Dried/canned beans*
Broth or variety soups
Coffee or tea
Dish soap
Laundry detergent
Canned fruits and vegetables
Cereal
Peanut butter*
Jam/jelly
Rice and pasta*
Canned tomato products*
Meal-in-a-box or can
Pasta sauces*
Baking mixes (muffins, cake, etc.)
Herbs and spices*

HOLIDAY FOOD NEEDS:

Help our neighbors celebrate special traditions! Please drop off items two weeks before the holiday.

Passover, March: Matzo bread

Easter, April: Ham, potatoes, Easter candies

Eid al-Fitr, May: Dates

Rosh Hashanah, September: Apples, Honey

Thanksgiving, November: Turkey, stuffing, gravy, collard greens, mustard greens, turnip greens, russet potatoes, sweet potatoes, cranberries

Chanukah, December: Chocolate coins, applesauce, sour cream, potatoes

Christmas, December: Turkey, ham, gravy, potatoes, baking ingredients

* Indicates culturally specific foods

Donations are accepted two days a week: **Monday and Friday, 10 a.m.-5 p.m.**, at 1605 County Road 101 N in Plymouth. Please call 763-489-7530 to schedule a large delivery.

For more information, please check out iocp.org/food, email Patrick at pfelker@iocp.org or call 763-489-7500. Thank you!