



# Food Shelf Needs List

## **MOST NEEDED ITEMS:**

- Cooking oil
- Fresh produce (vegetables, fruits, herbs)
- Canned fruits and vegetables
- Healthy snacks
- Baby food or formula
- Baby wipes
- Paper towels
- Feminine products
- Toiletries (shampoo, toothpaste, bar soap, deodorant)

## **OTHER NEEDED ITEMS:**

- Dried fruit
- Coffee or tea
- Red or black beans
- Broth or soups
- Peanut butter
- Jam or jelly
- Cereal
- Dish or laundry soap